Beginner Soccer Tryout Checklist

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Event / club: _____

Date / arrival time: _____ Official contact: _____

Venue / travel / pickup plan: _____

- ☐ Registration confirmed through an official club channel
- ☐ Age eligibility, format, required equipment and fees checked
- ☐ Guardian / safeguarding / pickup arrangements confirmed where needed
- ☐ Appropriate footwear, shin protection and clothing packed
- ☐ Water and organizer-requested personal equipment ready
- ☐ Access or support needs shared through the appropriate process
- ☐ Feedback and selection timeline understood
- ☐ Normal recovery planned; no sudden last-minute training overload

One familiar skill to focus on: _____

Afterward: one useful observation / next step:

_____

_____

No routine guarantees selection. Stop for pain, illness or unsafe conditions.
Keep personal and medical information private; use verified organizer channels.

Print at actual size or fit to page. Adapt to the player. Not individualized advice.